



# SUP-POWER

MARCH – APRIL 2012

Visit at <http://10.139.248.248>



**Let us ensure-  
Password Secrecy  
&  
VVR Checking**

**S.B.I. OFFICERS' ASSOCIATION  
(PATNA CIRCLE)**

## GLIMPSES OF SPECIAL GENERAL BODY MEETING



A view of the dias.



The Chief Guest lighting the Inaugural Lamp.



**Shri Ashwani Choubey**, Hon'ble Minister of Health, GOB addressing the gathering.



**Com. A. Akhauri** speaking on the occasion.



A view of the participants in the meeting.



A overflowing auditorium listening to the deliberations.

## सम्पादक की कलम से



प्रिय साथियों,

यह वित्तीय वर्ष अब समाप्ति पर है। जल्द ही हमारे सामने पिछले वर्ष के काम-काज का लेखा-जोखा हमारे सामने होगा। पटना मंडल का परचम पुनः ऊँचा लहराये, यही हमारी कामना है। नये वर्ष में नये काम हों, नई उँचाईयाँ प्राप्त करें। हम सभी दिल से यह दुआ करते हैं। लेकिन यह उपयुक्त होगा यदि आगे की योजना बनाने के पहले हम पिछले वर्ष का पुनरावलोकन कर लें। पिछले वर्ष जिस चीज में पटना मंडल को सबसे अधिक परेशान किया, वह था धोखाधड़ी की बड़ी-बड़ी घटनाओं का होना। इन घटनाओं से न सिर्फ हमारे मंडल की छवि धूमिल हुई, वरन् हमारे कई साथियों को भी इनकी लपेट में आना पड़ा। बैंक को जो आर्थिक नुकसान हुआ, वह अतिरिक्त था। मूल रूप से इन सबके लिये शायद हमारी अपनी ही लापरवाही जिम्मेवार थी क्योंकि हमने स्वयं ही मानक सुरक्षा व्यवस्थाओं की अवहेलना की। इस आलोक में हमें नये वर्ष में यह सबक तो लेना ही चाहिये कि हम अपने दैनिक कामकाज में सुरक्षा मानकों (यथा पासवर्ड सुरक्षा, बाहरी तत्वों से हार्डवेयर की सुरक्षा, वीवीआर की दैनिक जांच, इत्यादि) से कोई समझौता नहीं करेंगे। अगले वर्ष के लिये यह हमारा सबसे महत्वपूर्ण संकल्प होना चाहिये।

आपको स्मरण होगा, मैंने अपने पिछले सम्पादकीय में लिखा था कि कितना अच्छा होता यदि कई सुविधायें प्रबन्धन हमें बिना माँगे ही देता, मुझे प्रसन्नता है कि प्रबन्धन तक मेरी आवाज पहुँची क्योंकि अभी कुछ ही दिन पहले बैंक का यह निर्णय आया (और हमारे कई साथियों ने इसका लाभ ले भी लिया) कि सभी अधिकारियों को अब दो मोबाईल सेट की सुविधा मिलेगी, यह एक स्वागतयोग्य कदम है और हम सब यह आशा करते हैं कि कि भविष्य में भी प्रबन्धन इस प्रकार की दरियादिली जारी रखेगा। यह इसलिये भी महत्वपूर्ण है क्योंकि यह वर्ष अधिकारियों के वेतन वृद्धि का वर्ष है।

पिछले दिनों संघ के स्तर की कई महत्वपूर्ण निर्णय लिये गये। हमने अपने संविधान में परिवर्तन प्रस्तावित किया जिससे अब पद के अनुसार चुनाव हो सकेगा। यह इसलिये भी आवश्यक था क्योंकि अधिकतर मंडलों में यही व्यवस्था है। लेकिन इस प्रस्ताव के लिये भागलपुर में जो आमसभा हुई वहाँ हमारे कुछ साथियों का व्यवहार व्यथित कर गया। प्रजातंत्र में मतभेद होना संभव है। मैं तो यहाँ तक कहूँगा कि मतभेद के बिना प्रजातंत्र का कोई अस्तित्व ही नहीं है। एक जिम्मेदार विपक्ष की सत्ता पक्ष को उनकी सीमा में रख सकता है अन्यथा इसकी प्रबल सम्भावना रहेगी कि सत्ता व्यवस्था निरंकुशतंत्र में बदल जाये जो न तो संघ के लिये उपयोगी होगा और और न ही सदस्यों के लिये लाभकारी रहेगा। लेकिन विरोध का स्तर भी शालीन एवं संयमित होना चाहिये। व्याख्यान के बीच में चिल्लाकर प्रतिरोध करना। मंच पर जाकर अनावश्यक दृश्य उपस्थित करना कतई शोभा नहीं देता, इसी प्रकार अगर किसी को किसी निर्णय से आपत्ति है तो विरोध प्रकट करने के कई रास्ते हैं और इसमें उत्तम राह यह है कि सदस्यों के मध्य जाकर अपनी बात कही जाये। लेकिन पर्चे छापकर, एसएमएस भेजकर उसमें अनर्गल बातें लिख कर, अपने विरोधियों पर अवांछित आरोप लगाकर विरोध जताने की जो प्रक्रिया आजकल आजमायी जा रही है उससे अधिकारी संघ की छवि ही धूमिल हो रही है। इस प्रकार के हथकंडों से किसी का भला होता कम से कम मैं तो नहीं देख पा रहा हूँ। आज की व्यवस्था में जब एक अनपढ़ मतदाता इतना जागरूक है तो हम पढ़े-लिखे बैंक अधिकारियों से यह अपेक्षा कैसे कर लेते हैं कि वे अनर्गल एवं अवांछित प्रक्रियाओं को मान्यता देंगे। वे यह सब देख और समझ रहे हैं। कि इस प्रकार के हथकंडे अपनाने वाले केवल वैसे ही लोग हैं जो किसी भी सूरत में सिर्फ सत्ता पाना अथवा सत्ता के नजदीक आना चाहते हैं। जिम्मेवारी वे ले तो लेते हैं लेकिन निभाते नहीं। ऐसे लोगों को मेरी सलाह है कि वे सदस्यों के बीच जायें, उनका विश्वास प्राप्त करें और फिर अपनी नीतिअनुसार संघ को चलायें। लेकिन उन्हें यह अधिकार कतई नहीं है कि एक चुने हुए समिति को काम ही न करने दें।

आजकल एक और नई परम्परा शुरू हो गई है, विद्युब्ध लोग अब कानूनी हथकंडों का सहारा लेने लगे हैं। अब समिति के निर्णयों के विरुद्ध समिति सदस्यों को कानूनी नोटिश्न भेजी जा रही हैं। अरे, हम काम करने आये हैं या अपना समय और उर्जा इस कानूनी कारवाइयों पर लगाने। मुझे डर है अगर यह सिलसिला जारी रहा तो शायद अच्छे लोगों का संघ से विश्वास ही न उठ जाये। एक बहुत पुरानी उक्ति है—हमें वही सरकार मिलती है जिसके हम हकदार हैं। इस चुनावी वर्ष में हम सभी को यह तय करना है कि हम कैसी सरकार के हकदार हैं। मुझे विश्वास है, हम इस निर्णय को लेते समय पूरी परिपक्वता का परिचय देंगे। याद रखिये, यह आप ही के लिये आवश्यक है।

शुभकामनाओं के साथ  
आपका

विकास कुमार

लक्ष्य की प्राप्ति के लिए संघर्ष ही साधन है ।

## MEETINGS OF AISBOF/AIBOC

The Executive Committee Meeting of AISBOF was held at Gurgaon on the 31<sup>st</sup> January 2012. The Committee deliberated on the follow up action required to get the issues listed in the earlier strike notice cleared by the Bank.

The Meeting of the Central Negotiating Council was held at Mumbai on the 15<sup>th</sup> February 2012. **Com. L. K. P. Singh** and **Com. A. Akhauri** participated in the meeting.

The meeting of the General Secretaries & Presidents of affiliates of AISBOF was held on the 26<sup>th</sup> February 2012 at Ahmedabad. **Com. L. K. P. Singh** and Com. A. Akhauri participated in the meeting.

The Executive Committee of AISBOF met at Bangalore on the 25<sup>th</sup> & 26<sup>th</sup> March 2012. The Committee deliberated on issues pending with the Bank/IBA/Govt.

## MEETING OF CENTRAL / ZONAL COMMITTEETHE

Central Committee Meeting of the Circle Association was held at Hotel Vinayak, Hazaribagh on the 12<sup>th</sup> February 2012. The Committee decided to make amendments in the Bye laws of the Association to bring it in line with the other Circles who have post-wise elections and Regional level Office-bearers.

A Meeting of the Zonal Committee Bhagalpur was held on the 19<sup>th</sup> February 2012 at Bhagalpur. The members appreciated the contribution of Comrade M. D. Prasad to the Module Association. **Comrade Prasad** retired as on the 29<sup>th</sup> February 2012. Comrade Arun Kumar Singh was co-opted as the President of the Committee in place of Com. M. D. Prasad.

A Special General Body Meeting of the Circle Association held at Sabour Agriculture College Auditorium, Bhagalpur on Sunday the 4<sup>th</sup> March 2012 approved the changes in the Bye laws and Rules of the Association.

## ORGANISATIONAL MATTER

The Meeting of the Management Committee of SBI Supervising Staff Co-op Credit Society Limited was held at Patna on 29<sup>th</sup> January, 2012. The Committee accorded a farewell to **Com. Murli Singh** and **Com. Parna Dasgupta**, who ceased to be member on their retirement from the Bank.

General Secretary **Comrade A. Akhauri** participated as a Guest of Honour in the Annual General Body Meeting of Bengal Circle on the 5<sup>th</sup> February 2012.

The President and General Secretary addressed the members of Hazaribagh District on the 12<sup>th</sup> February 2012 in a largely attended meeting. The leaders of the Central Committee were welcomed by **Shri S. K. Singh**, Regional Manager, Hazaribagh.

A General Body Meeting of Purnea District and ZO Unit was held on 18<sup>th</sup> February 2012 at Purnea branch premises. A large number of Comrades attended.

President **Comrade L. K. P. Singh** attended the Annual General Meeting of Bhubaneswar Circle on the 11<sup>th</sup> March 2012 as a Guest of Honour.

**Com. A. Akhauri** visited Motihari on the 15<sup>th</sup> March 2012 and alongwith **Com. Pankaj Kr. Sinha**, President of Zonal Committee, **Com. T. T. Baitha**, AGS and **Com. Mahendra Ram**, District Secretary met the members of Motihari, Motihari Bazar, ADB Motihari, **Bapu Dham**, RCPC and RBO Motihari. **Comrade Akhauri** also visited Kesaria and Kotwa Branches.

During his visit to Chatra & Hazaribagh districts from the 16<sup>th</sup> to the 20<sup>th</sup> March 2012, **Comrade L. K. P. Singh**, President visited a large number of branches and interacted with the members.

**Com. L.K.P. Singh**, **Com. A. Akhauri** and **Com. Suresh Kumar** visited Shirdi on the 23<sup>rd</sup> March 2012 and participated in the inauguration of a Guest House of Mumbai Circle Association. A token contribution of Rs. 1 lac has been given by all Circle Associations.

The amendments in the Bye Laws of the Association approved by the Special General Body Meeting were filed with the Registrar of Trade Unions, GOB.

Federation reached an understanding with the Bank for payment of Rs. 2500/- to offers for working at Branches on Saturday the 31<sup>st</sup> March 2012.

**OBITUARY** We regret to inform the readers of Sup-Power of the premature death of undernoted colleagues during Feburary 2012 – March 2012.

Name	Place of Posting	Date
K. K. Srivastava	L C P C Patna	08.02.2012
Arun Kumar Dubey	RCPC Jamshedpur	26.02.2012
S. Tirkey	RBO Ranchi	18.03.2012

We pray the Almighty to grant courage to the members of the bereaved families to withstand this irreparable loss. We also pray that the departed souls may rest in eternal peace.

**SUCCESS COMES TO THOSE WHO DARE AND ACT**

## CORRESPONDENCE WITH BANK

Assn/Bank/ 25 /2012

Date :13.02.2012

Assn/Bank/ 18 /2012

Date : 03.02.2012

The Chief General Manager,  
State Bank of India,  
Local Head Office,  
Patna.

Dear Sir,

### BURGLARY IN BARAUNI INDUSTRIAL ESTATE BRANCH

We enclose a copy of the Dy. General Manager (B & O) & Disciplinary Authority, Zonal Office, Patna letter No. DGM (B&O)/P/DPS/89 dated 01.02.2012 addressed to Shri Manoj Kumar Jha, Assistant Manager, SBI, Barauni Industrial Estate Branch in terms of which he has been placed under suspension with immediate effect under Rule 68 A (1) (b) of SBI Officers' Service Rule for not keeping the Cash Boxes of the Hand Balance in the Iron Safe at the Branch.

2. In this connection, the extant instructions of the Bank vide e-Circular NBG/S&P-Cash DEPT/1/2007-08 and revised by Circular no. S&P/02/2007-08 state "The locked Cash Boxes will be deposited with the Cash in Charge (Special Assistant in Charge of cash) / Cash Officer for safe keeping in the Vault Room under joint custody"

In the burglary case at our Barauni Industrial Estate Branch, the above referred Circular instructions of keeping the locked Cash Boxes of the SWOs in the Vault Room were duly complied by the concerned officer, yet he has been placed under Suspension. The burglary was possible not because of any lapse on the part of the joint custodians but because the Vault Room at the Branch does not have a proper Strong Room door, which the controlling office should have taken care to provide. Similar Vault Rooms without proper Strong Room doors are also there in many other branches. In all such branches the Iron Safe or the Vault is not large enough wherein the Cash Boxes of the SWOs can be kept.

3. In view of the above, we request you to kindly intervene in the matter so that innocent officers are saved from the ignominy of suspension which in the instant case has been resorted to cover up the lapse on the part of the controller in ensuring safety and security of Cash & Valuables.

With regards,

Yours faithfully

Sd/-

(Anirudh Akhauri)

GENERAL SECRETARY

The Chief General Manager  
State Bank of India  
Local Head Office  
Patna.

Dear Sir,

### VIGILANCE ADMINISTRATION PERSONAL HEARING TO THE CSO

We invite your kind reference to Corporate Centre letter No. VIG/GEN/196/3715 dated 25.10.2010, in terms of which the Appointing Authority is required to provide an opportunity for personal hearing to the CSO before taking a view on imposition of major penalty and the second stage reference is to be made only thereafter.

2. In this connection, we would like to point out that all cases in our Circle where the appointing authority is calling the CSO for personal hearing it is only after the second stage reference and not before it, thus violating the directives of the Corporate Centre. We enclose a copy of the letter referred above and request you to kindly instruct the Vigilance Department to comply with the Corporate Centre instructions regarding personal hearing.

Yours faithfully

Sd/-

(Anirudh Akhauri)

GENERAL SECRETARY

Encl: as above

### SBI CUTS RATES ON STUDY LOANS

State Bank of India is now offering educational loans up to ₹ 4 lakhs at 13.5%, between ₹ 4 lakhs and ₹ 7.5 lakhs at 13.25 percent and above ₹ 7.5 lakhs at 12%. Now SBI loans up to ₹15 lakhs would be given at 12% under a 'Scholar schemes', that covers 111 elite institutions, across the country. The girl students could avail of 0.50% concession. Also concession of one percent would be given for the entire tenure of the loan, if full interest is serviced during the moratorium period, including the course duration. Earlier **Sri Pratip Chaudhuri**, Chairman of the bank indicated cutting rates in the category which accounted for seven percent of the total retail loan.

Source : Business Standard, Dt. 28.2.2012

## AMBITION-THE CREATOR AND DESTROYER

Ambition can creep as well as a soar goes the general saying. It is an inborn feature hidden in a human being that takes him to heaven and hell alike based on circumstances. Ambition is always preceded by a seed of desire which can be seen in any business. Take for example in case of farmer,

there will be an element of desire in him before he starts preparing the field for sowing the seed, on the quality and quantity of the yield he wishes to achieve. He will be failing in his effort, if he does not inculcate an element of ambition to achieve the target.

Ambition is an instinct in human being that will be tempting him for his personal benefit or act for a public cause. Napoleon desired to become Emperor of France and accomplished it. Helen Keller the American author and educator desired to speak, despite she was deaf and blind, she achieved it. Shakespeare desired to become a great playwright despite being a poor actor but he made it. It was their personal ambition that prompted Christopher Columbus and Vasco da Gama to set sail to unknown continents and succeeded in their journey after many failures. These are all the classic examples of personal ambition. However events in History reveal that many personal ambitions are normally short lived or end in a disaster as in the case of Brutus the senator in Rome, who killed Julius Caesar, the Emperor of Rome, in a conspiracy to become the emperor and ruined himself.

Country has seen many political leaders in the recent times whose only ambition is to build a fortune for themselves rather than serving the people. Politics was once considered as a sacred religion and the politicians

were highly respected in the society. Now the situation has totally changed as the personal ambition of many political leaders have led to corrupt practices in public life, that has spoiled the economic growth of the country.

We lived through the stone age, iron age, copper age, achieved industrial revolution, agricultural revolution, invented many things for the benefit of the humanity. President Roosevelt desired to connect Atlantic and Pacific Oceans through Panama Canal and did it. Many inventions

we have seen in the world are blossomed out of ambitions of the inventors for the benefit to the humanity. Attaining the goal requires perseverance, tolerance and hard work shedding sweat and blood. History also reveals that those inventors who made attempts to create or invent were all faced with stiff resistance. Galileo, the Italian Scientist and astronomer who discovered that the earth is revolving around the sun was imprisoned by the ruler as the theory was against the conviction of the king of which is one out of many examples recorded in the history.

Once ambition sets in a person, there will be a surge of energy and enthusiasm, flowing through him with a burning desire to achieve it. This desire also makes him to unlock his mental power and trigger their creativity. Any ambitious desire in the public interest, normally leads to positive result, unlike personal ambitions, which will make him as an icon of the society with his name written in golden chapter of the history. Success comes to those who survive adversities in life and evade those who do not pursue success. Let our ambition be to work for the welfare of the humanity rather than working of oneself.

### CONGRATULATIONS

### PROMOTION TO MMGS III

### PROMOTION YEAR 2011-12

### LIST OF CANDIDATES SELECTED BY APPELLATE AUTHORITY

S.N.	NAME	PFINDEX	PRESENT POSTING
1.	ABDUL MOKIM	3271773	CHANNEL MANAGER (AC & P), RBO, GODDA
2.	ABHAY KUMAR SINHA	3263924	CREDIT OFFICER, RCPC, RANCHI
3.	AJAY KUMAR BHARADWAJ	3272532	BM, KMCH
4.	ANURADHA KUMAR	3942503	DESK OFFICER, SECTT. OF GM (NW-II), LHO, PATNA
5.	ASHOK KUMAR	3796213	BRANCH MANAGER, AMY NOVADIH
6.	ASHOK KUMAR	3809358	DESK OFFICER RBO, DEOGHAR
7.	AVISHEK KUMAR SINHA	3941671	DY. MANAGER (OPERATIONS), SECRETARIAT OF GM (NW-2)
8.	BIJAY PRASAD	3793079	DY. MANAGER (PB), JEHANABAD BRANCH
9.	BIPLAWA KUMAR	3782239	DESK OFFICER, RBO, BOKARO
10.	BIRENDRA KUMAR SINHA	3795675	CREDIT OFFICER, RASMECC, BHAGALPUR
11.	CONSTANT SUDHIR KUJUR	3635082	DESK OFFICER, MIS, NCM-II, AO, RANCHI
12.	DEEPAK KUMAR JHA	3795489	DESK OFFICER, A.O, PATNA
13.	GHAN SHYAM SINGH	3770257	CREDIT OFFICER, RCPC, FATWAH
14.	HIRDYA NAND PATHAK	3278581	BRANCH MANAGER, BAHADURPUR, PATNA
15.	KAVITA KUMARI	3941582	BM, BERO
16.	MANOJ KUMAR	3278727	DEPUTY MANAGER (ACTT), BEGUSARAI
17.	MIHIR KUMAR JHA	3941035	DY MGR (HISTORY PROJECT) SECT. OF GM (NW-1), LHO, PATNA
18.	MUKESH CHANDRA ACHARYA	3793184	DY. MANAGER (CREDIT), AO, PURNEA
19.	PRAKASH KUMAR NAG	3942015	BM, RAJIVNAGAR
20.	RAGHWENDRA KUMAR	3942171	BM, SHAHKUND

(शेष भाग पेज सं. 11 पर)

विद्या ददाति विनयम् - विद्या अर्जन की कोई सीमा नहीं।

## ////// DREAMS THAT MAKE US HEALTHY AND HAPPY ////

Sigmund Freud the psychiatrist and founder of Psychoanalysis in his "Interpretation of Dreams" has shown how largely our dreams at night are the pictured fulfillment of our wishes. He has with an equal measure of truth said that some of the day dreams might have been found in our day to day life which are a reality.

Man is essentially a dreamer. He has the power to dream. Whenever he is unable to fulfill his ambitions in life, a dream may even cure his disappointment. It is also a blessing in disguise that cures a man's wounded feelings. Normally a dream emerges out of an incident, related to a pleasant memory or a wounded feeling that is decoded and visualized in our memory during sleep. Dreams come as a cooling spring in a molten mind. It is a natural healer for a disturbed mind. Normally a sweet dream comes out of a sound sleep.

***Dreams come us a cooling spring in a molten mind. It is natural healer for disturbed mind.***

Dreams are always interlinked with our imagination or wishes. Whenever our imagination remains unfulfilled it may remain in our mind, often to resurface as a dream. Mind is the fastest element on earth faster than light. It can reach Mount Everest in the north and Indian ocean in the South at a time, in fraction of a second. Possibility of dreams coming true made Dr. APJ Abdul Kalam, former President of the country, to advice the youth of the country to dream to achieve their ambitions in life. His advice has inspired one of his drivers to take up higher studies and achieved a Doctorate.

Often dreams come through imagination, as through imagination people fashion all plans and create many things. Thomas Alva Edison the great inventor who has got more than 1300 patents to his credit was a day dreamer. Through his day to day dreams he realized many of his inventions. It was the case of many inventions in the history. We have seen many classics created by artists, writers, sculptors through their imagination.

Certain stimuli makes them to create. Through imaginative faculty mankind has discovered many things in the past and they continued to do so. We conquered the air to fly like a bird and tried to fly at the speed of light.

We have conquered the water and swim like fish. We have analysed the sun moon and other planets at the distance of millions of miles. While indulging in creative activity the welfare of man was the ultimate aim.

A life centred on vision will inspire us and provide relief from the tougher times. With vision and imagination we can accomplish many great things. When we achieve any thing out of our imagination we get a surge of energy, enthusiasm and self esteem. Nature has provided a mechanism to every human being to relax and rejuvenate themselves by way of person. Any dream during sleep will add to the strength of the sleep. Interpretation of the dream of our conscious mind may take us to heaven and hell at the same time.

A Science Foundation Workshop in Europe has found out similarities in brain functions during lucid dreaming and psychism. Thoughts occur while we sleep mingled with recent events and buried memories.

Imagination is the ability to form idea or image in the mind. It is the creative power of the soul. According to scientific study there are two kinds of imagination viz. synthetic imagination and creative imagination. Under synthetic imagination we create old concept i.e. ideas through education, expression and imitation. In creative imagination human mind will have direct communication with intelligence. Here people work through inspiration and new ideas are developed. Under this process, mind vibrates at an exceedingly rapid rate with strong desire. More we imagine more we create. Mind will become obsolete unless we use it. If we properly use our imagination it will help us to correct our failures and mistakes into assets of priceless values. Adversity and temporary defeat are generally a blessing in disguise for the reason that they force us to use our imagination in a better way and achieve success. No man can afford to express through words or action unless it is in harmony with his own belief. If he does so it will only end in failure.

### PRESENT KEY RATE AND OTHER STATISTICS

BANK RATE	9.5%	STATE BANK ADVANCE RATE (SBAR)	14.75%
CRR	4.75%	FOREX RESERVES Rs. (crore)	14,27,723
SLR	24%	FOREX RESERVES US \$ Million	2,91,372
REPO RATE	8.5%	SCB TOTAL DEPOSITS—Rs. in Cr.	55,78,802
REVERSE REPO	7.5%	SCB TOTAL CREDIT—Rs. in Cr.	43,09,803
BASE RATE (SBI)	10%	CREDIT-DEPOSIT RATIO (SBI)	77.25%

**REMEMBER—ALL RESOURCES ARE LIMITED EXCEPT CREATIVITY**

## पप्पू पास हो गया

पटना के ईको पार्क में प्रातः विचरण कर रहा था। छोटे-छोटे बच्चे पार्क के प्रांगण में क्रीड़ा करते नजर आने पर मुझे अपना बचपन याद आ गया। अपने बचपन को याद करते मैं प्रातः भ्रमण में लीन हो गया।

रास्ते में एक 90 वर्षीय वृद्ध से मुलाकात हुई। आज से तीस साल पहले वो मेरे पड़ोसी हुआ करते थे। मैं उन्हें पैर छूकर प्रमाण किया। तत्पश्चात मैं उन्हें अपने साथ लेकर आदरपूर्वक पार्क के एक बेंच पर बिठाया। मैंने पूछा—“चाचा आप कैसे हैं। चुन्नू मुन्नू और पप्पू आजकल कहाँ हैं?” चाचाजी ने एक लम्बी सांस ली तथा अपनी पारिवारिक व्यथा सुनाने लगे।

“मैं पूर्णतः स्वस्थ हूँ। रिटायरमेंट के बाद पप्पू के साथ पाटलिपुत्र में रहता हूँ। चुन्नू डॉक्टर बनकर लन्दन में हैं तथा मुन्नू इंजीनियर बनकर अमेरिका में सेटल कर गया है। पप्पू को मैंने ज्यादा पढ़ाया नहीं। आज वही मेरी देखभाल कर रहा है। चुन्नू और मुन्नू तो बड़ा आदमी बन गया है। दोनों अर्थ को मजबूत करने में जुटा है। उन्हें अब अपने देश से भी लगाव नहीं रहा। परिवार को मेरे पास नहीं लाता, क्योंकि यहाँ गंदगी है। यह भी भूल गया कि पाटलिपुत्र के इसी गंदगी भरे शहर में रहकर वो इस काबिल

बन सका। अब तो उसे बूढ़े बाप से भी बात करने का समय नहीं मिलता। बात करेगा तो अर्थ का नुकसान हो जाएगा।

पप्पू तो आज मेरे बुढ़ापे की लाठी बन गया है। जिस वक्त में अपनी आर्थिक अक्षमता के कारण उसे आगे नहीं पढा पाया। समाज तथा परिवार के लोग मुझे कोसते रहते थे। मुझे भी कभी-कभी पप्पू को आगे न पढ़ाने का अफसोस होता रहा। आज पप्पू का परिवार भी मेरे साथ रहता है। पप्पू पटना में ही बिहार सरकार में नौकरी करता है। नौकरी के साथ-साथ वह अपने पूरे परिवार के संग अपने माता-पिता की सेवा में लगा रहता है। आज उसे अपने कम पढ़ने पर कोई अफसोस नहीं है। बल्कि माता-पिता की सेवा का अवसर पाकर काफी खुश है। आज समाज तथा परिवार में भी उसकी काफी इज्जत बढ़ी हुई है।

आज मैं गर्व से कहता हूँ कि सामाजिक परीक्षा में पप्पू पास हो गया तथा मेरे दो पुत्र फेल हो गए। ईश्वर सबको पप्पू जैसा पुत्र अवश्य दें। इतना कहते ही चाचाजी के आँखों में आँसू छलक पड़े।

—मिलिंद कुमार झा

सदस्य, एस.बी.आई.ओ.ए., जोनल कमिटी, पटना

## “DON'T WORRY”

**How many times a day does someone tell you this? How often do you want to help yourself or someone else to stop worrying? And how often do your attempts succeed?**

We are inherently trained to worry, and we worry about so many things, from hurting someone's feelings by saying something inappropriate, finances, and not being able to meet deadlines, to children's academic progress, passing exams, that big presentation, and that inevitable dinner with the in-laws,

How do we worry? Essentially, our five senses will feed information about a specific situation to our brains, so that the brain can do its job of rationalizing that situation. However, within this process, the incoming information goes through the filters of perception and experience before it reaches the stage of rationalization. If our experience flags a situation as alarming or potentially dangerous, our body releases the hormone adrenaline and we switch to a state commonly known as fight or flight. This state refers to our intuitive inclination to either fight a threat, which in terms of day to day behavior could be expressed by being angry or argumentative, or fleeing a threat by attempting to withdraw from the situation.

Being in such an intense emotional state is not exactly a resourceful state of being, unless danger is imminent. Otherwise, we are much better off being in a low-intensity emotional state, especially if we need to plan, think

something through, or *make* an important decision. NLP (Neuro-linguistic programming), a behavioral change-management tool, provides us with a technique to shift from a “worrysome” or anxious state of mind to a relaxed one, through a process called anchoring.

The next time you feel worried or anxious, try this: recall something that makes you happy, such as an occasion, a moment, a person or a particular landscape. Reach out with all your senses so you are there, feeling what you felt, seeing what you saw, and hearing what you heard. Once you have achieved a satisfying level of involvement, make some kind of subtle gesture, like tapping your knee or touching your thumb and middle finger together. Hold the gesture while continuing your emotional engagement in your recollection. When the feelings subside, release the gesture and repeat until you feel “unworried” and relaxed.

The next time you catch yourself getting worked up about the same issue or something else, repeat the gesture and you will see that, in time, a happy and relaxed emotional state will be easily summoned to your rescue. After all, we all know that worry doesn't help. Being relaxed enables us to see choices that otherwise seem to be hidden behind a wall of worry and anxiety. Not only are you now better equipped to take up that advice, “don't worry,” but this simple exercise is a gift that you can pass on, and it goes a long way. Happy anchoring!

—Contributed by L.K.P. Singh



## HEALTH TIPS

- i) Remedy for migraine - A mixture of half a Tspn Mustard Seeds powder and 3 Tspn Water, if infused in the nostrils, help reduce migraines.
- ii) Breathing Exercises provide ample oxygen to the body and help flush out toxins. Practice deep breathing for 15 minutes daily.
- iii) Olive Oil helps reduce cholesterol and boost the immune system. It is a very rich source of Vitamin "E" also.
- iv) Spinach (Palak) and other green Vegetables in plenty which contain Vitamin "A" "C" and "K" are good in reducing cholesterol and maintain Sugar level.
- v) One should see a doctor every 2-3 years for an overall check up to make sure there are no big health concerns.
- vi) Put a metal spoon in the Freezer overnight. In the morning keep back the spoon on the eyes. It helps remove dark circles.
- vii) Roast salt in a copper vessel until it becomes red. Take it with warm water to cure fever of all types and gastric trouble.
- viii) If your eyes get tired, roll your eyes in large circles in both directions and up & down or look out of the window as far as you can.
- ix) For a healthy and to reduce the strain on heart, sleep on your right side or on your back. This simple technique will add years to your life.
- x) Stretch once in an hour If you have a sitting job, do not sit in one position for more than an hour. Keep stretching or move from your seat.
- xi) Do not eat quickly, Eating slowly and chewing food properly encourages a full feeding, which prevents overeating that can upset the digestive tract.
- xii) Eat regular meals. Skipping meals can lead to out of control hunger, often resulting in overeating and takes away from good nutrition.
- xiii) To improve memory, take a Tspn. of honey sprinkled with finely grounded black pepper, once a day. This would help boost memory power.
- xiv) For overcoming indigestion, take a ground mixture of cardamom, ginger, cloves and coriander on regular basis.
- xv) Avoid high calorie Beverages, Avoid Soda and Caffeine and drink water instead, as it is great for fighting fatigue and cleanses the body.
- xvi) To cure acidity, drink a glass of water with a piece of Jaggery dissolved in it after the meals.
- xvii) For a healthy heart, eat more almonds because they are rich in Vitamin E and help lowering bad cholesterol level.
- xviii) Use dried orange peel mixed with Curd which will help in reducing blemishes and Scars. Wash off this mixtures after 15 minutes.
- xix) To reduce the risk of Cancer, Heart disease and blood pressure, eat three bowls of black beans every week during middle age.
- xx) Eat tomatoes as they contain iron and Vitamin "A" highly recommended for those who want to reduce weight.
- xxi) To cure liver problems, mix lime juice and powdered black pepper with water. It helps cure diseases related to liver.
- xxii) To cure dry Skin, use the juice of Tulsi and dalchini on the affected area of skin.
- xxiii) Watermelon improves skin textures. It is an excellent body cleanser and also cools the body.
- xxiv) A simple way to manage digestion is to drink cold water mixed with black salt, fresh mint leaves and lemon.
- xxv) If you are trying to quit smoking, have bananas as it helps the body recover from the effects of nicotine withdrawal.
- xxvi) For minor cuts or wounds, apply a dab of honey before covering it with a bandage. Honey has great anti-bacterial properties.
- xxvii) Use taste enhancing herbs like oregano, basil and thyme which also help in weight loss.
- xxviii) In case of headache, add 2 drops of peppermint oil to a cloth and keep it in a freezer. Apply it to the painful area for at least 15 minutes.
- xxix) Papaya is good for skin and for constipation. It also fights cancer and cleanses the body completely and delays ageing
- xxx) Methi Powder and lawny are beneficial as they help to balance the Blood Sugar and control hunger.
- xxxi) Regular use of honey mixed with carrot help to improve the eyesight. It should be taken one hour before the breakfast.
- xxxii) Spinach(Palak) is the finest natural source of Iron. It is helpful in formation of hemoglobin and red blood cells.
- xxxiii) Drinking a cup of ginger tea after meals promotes good digestion and is good for heartburn and nausea.
- xxxiv) Take 3 Tspn of fresh Amla juice with one Tspns of honey regularly for 40 days to control sugar levels in the body.
- xxxv) For reducing the risk of tooth decay, consume yogurt regularly. Consumption of milk also help in reducing it.
- xxxvi) To dryout a pimple faster use toothpaste directly.
- xxxvii) An apple baked, on a low flame taken once a day strengthens the digestive system.

—Contributed by **L.K.P. Singh**

असफलता का अर्थ है कि प्रयत्न पूरी लगन से नहीं हुआ।

## CIRCULARS

**CIRCULAR NO. 08/2012**

**DATE : 06.03.2012**

To,  
All Members

**SPECIAL GENERAL BODY MEETING ON 04.03.2012  
AT SABOUR AGRICULTURE COLLEGE  
AUDITORIUM, BHAGALPUR**

In accordance with the provisions of the Bye Laws and Rules of the State Bank of India Officers' Association (Patna Circle) and as decided by the Central Committee at its meeting held at Hazaribagh on the 12<sup>th</sup> February 2012, a Special General Body Meeting was held in a tastefully decorated and over flowing Sabour Agriculture College Auditorium, Bhagalpur on Sunday the 4<sup>th</sup> March 2012, notice for which issued on the 14<sup>th</sup> February 2012. The meeting was presided over by Shri L. K. P. Singh, President of the Association.

Before the commencement of its meeting Shri L. K. P. Singh was invited to the Dias to preside over the function. Thereafter the Chief Guest of the function Shri Ashwini Kumar Choubey, Hon'ble Minister of Health, Government of Bihar was escorted to take his place on the Dias amidst thunderous clapping. S/Shri J. K. Thakur, Vice-President, Suresh Kumar, Deputy General Secretary, Vinod Kumar, Secretary Finance, Pankaj Kumar Jha, Organising Secretary, Arijit Bose, Organising Secretary, Shri Ashok Kumar Jha, Assistant General Secretary, Bhagalpur Zonal Committee and the Chairman of the Reception Committee, Dr. M. Kumar, Principal of Sabour Agriculture College and Anirudh Akhauri, General Secretary of the Association were thereafter escorted to their respective seats on the Dias. The members of Zonal Committee Bhagalpur offered bouquet and shawl to the Chief Guest and other office bearers/guest on the Dias.

The local artists sang Sarswati Vandana to invoke the blessing of Goddess Saraswati.

Shri Ashok Kumar Jha in his capacity as the Chairman of the Reception Committee read out his welcome address and was appreciative of the fact that the opportunity to host such a large number of participants had been given to his Committee. He was particularly glad that the Chief Guest had blessed the function with his august presence. The Management of the Sabour Agriculture College had provided the necessary infrastructure without which the function could not have been arranged in such a grand manner.

Thereafter the General Secretary Comrade Anirudh Akhauri dwelt on the necessity of holding this meeting. He advised that bringing the Circle Association in line with the majority Circles in SBI was a long pending priority and because of the frequent changes in the leadership position in the last decade the exercise could not be held earlier. During the last decade there have been many changes in the bank's decentralised decision making level but the Circle Association could not decide on matching changes in its own structure, whereby the members at the level of the Regional Business Offices did not have the benefit of the advices/support of senior elected representative in their respective centres. The Regional Managers decisions were not being subjected to regular scrutiny vis-à-vis the laid down/agreed HR policies and at times members were feeling insecure. There was reluctance on the part of the elected members to relocate to Regional Business Office centres also. Another's guiding principle behind the proposed changes was the lack of direct involvement of the membership in the election of office-bearers of Central/Zonal

Committees which sometimes in the past had negated the members verdict.

The General Secretary utilised the presence of the Chief Guest to request the GOB to provide land at market rates to the Housing Cooperative Societies of the Association for development of planned Housing Colonies in various towns. He also offered to get the reasons for the low CD Ratio in the State analysed by a team of Association members.

The General Secretary requested the Hon'ble Minister to light the inaugural lamp and deliver his inaugural speech. After lighting of the lamp amidst ovation from the members, Shri Ashwini Kumar Choubey addressed the gathering in his inimitable style and recalled his long association with the officers of the State Bank of India in the undivided Bihar. He fondly remembered Late S. S. Dwivedi, his father -in-law who was a pioneer in the Cooperative movement in the State Bank and was also an elected representative in the Circle Association for a long time. Shri Choubey was thankful to the General Secretary for having invited him as a Chief Guest in the Special General Body Meeting being held in his home town of Bhagalpur. The officers of the State Bank of India were doing a good job in the Trade Union field and also in respect of Credit and Housing Cooperative Societies. Shri Choubey assured to take up with the GOB allotment of land, provided it is available. He advised the Association leaders to also devote some time for social welfare activities for the under privileged and downtrodden sections. He hoped that the proposed changes in the Bye laws will make the Association more vibrant and bring it closer to its membership and wished the meeting all success.

Comrade L. K. P. Singh while responding to the speech of the Chief Guest referred to the tendency on the part of the Ministers in Bihar to criticise the Bank Officers in general for corruption in lending activities, to which the Minister clarified that such reports are baseless and he is not for such insinuation. In fact the banks are a vital tool in the developmental activities.

Taking up the agenda of the meeting, the General Secretary sought permission of the Chair to present the amendments to the Bye Laws and Rules of the Association and the resolutions. Giving the background for making the changes, the General Secretary advised the house of the efforts made in the last one year to make amendments suiting the needs of the membership and further decentralising the representative character of the Association.

He narrated the gist of the deliberations on the proposals in the Central Committee Meeting at Hazaribagh on the 12<sup>th</sup> February 2012 and the three/four issues on which the Central Committee had debated in detail. In line with the Central Committee decision the provision for a candidate to withdraw from the contest within 3 days of the publication of valid nomination and to provide for a nominated Assistant Regional Secretary for each District under a RBO was incorporated in the proposal circulated in the house. The other issues of making the Regional Managers ineligible to hold the post of an office-bearer in the Central Committee and ranking the position of Deputy General Secretaries and Organising Secretaries was discussed and no changes in the proposal were accepted by the majority members.

Further initiating a debate the General Secretary advised point-wise the reasons for changes in the various rules and paras of the Bye Laws. During the process of detailed briefing some members in the audience, namely Shri Ghanshyam Pd. Srivastava, Shri S. K. Tiwary, Shri T. K. Thakur, Shri Awadhesh Kr Choudhary, Shri Ajay Choudhary, Shri B. K. Mishra, Shri Ajit Kr Mishra, Shri U. K. Singh, etc kept on raising the issue of Regional Managers being made ineligible to hold office-bearer position in the Central Committee and

wanted deletion of this provision. For some time this led to the proceedings being briefly interrupted.

The General Secretary further advised that the members of Zonal Committee Bhagalpur have given a resolution requesting for increase in the members of positions in the Zonal Committee and in the Regional Committee. Accordingly taking into consideration this request the number of posts of Assistant Zonal Secretary in the Zonal Committee is proposed to be increased from one to two and also the number of posts of Zonal Organising Secretary from one to two, thereby raising the total number of posts in the different Zonal Committees from six to eight.

Similarly it was proposed by the General Secretary to increase the number of positions of Assistant Regional Secretary from one per District to two per District. Thereafter the General Secretary gave his clarifications on the issue of Regional Managers and the clash of interest that such a situation in the earlier committees had led to. He kept on requesting the protesting members to allow smooth conduct of the proceeding but they seemed to be adamant in passing of the amendments with the deletion of the Regional Managers clause.

Having explained in detail on the necessity of the changes in the Bye Laws, the General Secretary requested all the members who were against the proposed amendments and resolutions to stand up in their respective seats. About 15 to 20 members stood up in opposition to the proposed amendments. The General Secretary thereafter concluded his comments.

The President Shri L. K. P. Singh advised the house that the amendments and resolutions stood passed by majority support.

Shri J. K. Thakur in his vote of thanks to the organisers and participants dwelt on the historic changes and hoped that more cohesion and effectiveness would be evident in the functioning of the Association after the changes are implemented. He thanked everyone for their support amidst clapping by the members. Shri Thakur felt that the large turnout of nearly a thousand members is a reflection of their commitment and militancy. He also praised Comrade B. N. Jha for his efficient compering of the function. The Zonal Committee, Bhagalpur deserve Special praise for organising the meeting successfully.

The President thereafter thanked everyone and declared the meeting closed.

The meeting ended with National Anthem.

*With warm greetings,*

Sd/-  
(ANIRUDH AKHAURI)  
GENERAL SECRETARY

**CIRCULAR NO. 07/2012**

**DATE : 05.03.2012**

To,

All Members

### **SABBATICAL LEAVE TO WOMEN EMPLOYEES IN PUBLIC SECTOR BANKS**

One of the issues taken up with the IBA was grant of Sabbatical Leave of 2 years to the Women Employees of Public Sector Banks to meet their special problem during their career. We are glad that Government of India has advised the Chief Executive Officers of all Public Sector Banks to introduce Sabbatical leave in all PSBs on the following broad terms:

(i) Sabbatical Leave of upto 2 years shall be admissible to women employees of Public Sector Banks during their entire career.

(ii) Sabbatical Leave shall be without Pay, Salary, Allowances and any consequential monetary and non-monetary benefits;

(iii) The employees applying for leave should have put in a minimum of 5 years of service. Sabbatical Leave before completion of 5 years of service shall be sanctioned only in exceptional circumstances by the authority next above the leave sanctioning authority.

(iv) The leave shall be taken for a period of atleast 3 months at a time and the leave shall not be taken more than once in a year.

(v) No increments will be earned during the Sabbatical Leave and the employee will rejoin at the same stage of pay as was existing at the time of her availing the Sabbatical Leave.

(vi) Employees on Sabbatical Leave shall not be eligible to participate in any promotion exercises during the Sabbatical Leave period, even if otherwise eligible.

(vii) Eligible and willing employees can request for Sabbatical Leave for any purpose like medical grounds, care of family members or children, higher studies, visit spouse etc.

(viii) The employees shall not take up any employment/vocation/business/profession elsewhere during the Sabbatical Leave.

**2. All our member/affiliates may take note of the facility.**

**CIRCULAR NO. 11/2012**

**DATE : 20.03.2012**

To,

All Members

### **FITMENT ON PROMOTION FROM CLERICAL TO JMGS – I**

We quote hereunder the text of **AISBOF Circular No. 16 dated 20.03.2012** on the captioned subject, the contents of which are self-explicit.

#### **TEXT**

"In the context of 9<sup>th</sup> bipartite settlement an understanding has been reached with the Corporate Centre Management for revised fitment formula on promotion from clerical cadre to JMG – I. The following are the broader understandings:

(i) The revised fitment formula will be applicable to the employees promoted from clerical cadre to JMGS – I on or after 1<sup>st</sup> November, 2007.

(ii) Those drawing Basic Pay upto 8<sup>th</sup> stage in clerical scale will be fitted at minimum of officer scale and will draw next increment on anniversary date of promotion.

(iii) Appropriate protection of Stagnation increment(s) drawn in clerical cadre on promotion to JMGS-I.

(iv) Protection of CAIB/JAIB increments drawn during Clerical Cadre, even after reaching 20<sup>th</sup> stage, on promotion.

(v) At no point of time, Basic Pay of Officer is lower than Basic Pay corresponding to his/her Basic Pay in clerical cadre; appropriate adjustments will be made in officer's basic pay.

(vi) Protection of FPP on promotion.

(vii) Improvement in adjusting pay; if Basic Pay of Officer and aggregate Basic Pay and PQP that he/she would have in receipt of notionally entitled to in clerical scale is lower than

Rs.3,430/- w.e.f 01.11.2007 to 30.04.2010 and Rs.2,430/- w.e.f 01.05.2010. Such adjusting Pay will be reckoned for the purpose of DA and Superannuation benefits.

(viii) Revision of Personal Allowance of Rs. 560/- p.m to Rs. 800/- p.m w.e.f 01.11.2007 for those who are in receipt of it. The personal allowance will be payable upto Basic Pay of Rs. 34,200/- in MM – II and thereafter tapered at ½ of allowance in future increments.

(ix) The inter-se anomalies, if any, would be looked into at case to case basis. The necessary clarification as regards payment of Personal Allowance of Rs. 560/- w.e.f 01.11.2002 for earlier promotees has also been issued (Refer our Circular No.15 dated 19-03-2012)

(x) The revised fitment chart is as follows.

STAGE	BASIC PAY IN THE CLERICAL CADRE		FITMENT AT CORRESPONDING STAGE IN JUNIOR MANAGEMENT GRADE SCALE-I
	W.E.F 01.11.2007	W.E.F. 01.05.2010	
1	6200	7200	14500
2	6600	7600	14500
3	7000	8000	14500
4	7400	8400	14500
5	7900	8900	14500
6	8400	9400	14500
7	8900	9900	14500
8	9500	10500	14500
9	10100	11100	14500
10	10700	11900	15100

11	11300	12300	15700
12	12000	13000	16300
13	12700	13700	16900
14	13400	14400	17500
15	14100	15100	18100
16	14800	15800	18700
17	15500	16500	19400
18	16200	17200	20100
19	17500	18500	20900
20	18300	19300	21700
+1	19100	20100	22500
+2	19900	20900	23300
+3	20700	21700	24100
+4	21500	22500	24900
+5	22300	23300	25700
+6	23100	24100	26500
+7	23900	24900	27300

2. Comrades, we are glad that, almost anomalous free fitment formula has been evolved at Bank level, with the co-operation of the HR department at Corporate Centre. We hope that, long pending issue of our promotee officers is well considered by the Management, with our continuous persuasion. Justice is delayed, but not denied.

3. The official Circular is issued. All our affiliates/members to take note of the revised fitment formula.”

*With warm greetings,*

Sd/-  
**(ANIRUDH AKHAURI)**  
GENERAL SECRETARY

**CIRCULAR NO. 05/2012**

**DATE : 10.02.2012**

To,

All Members

### REIMBURSEMENT OF LODGING EXPENSES TO OFFICERS

We quote hereunder the text of **AISBOF Circular No. 07 dated 09.02.2012** on the captioned subject, the contents of which are self-explicit.

#### TEXT

“The revision in Reimbursement of Lodging Expenses to officers on official duty was overdue. We were following it up with the Management on a continuous basis. We are glad to advise that Bank has revised the ceilings of lodging expenses reimbursable to officers’ w.e.f. 1<sup>st</sup> February, 2012, for the next five years with an annual increase in the said ceilings. There is an increase of approximately 50% over the existing ceilings.

(a) Metro centre:-

(in Rs.)

	Eligibility to stay in ITDC hotels	Metro – Maximum room tariff permissible (Non ITDC Hotels) Revised rates				
		w.e.f. 1.2.2012	w.e.f. 1.2.2013	w.e.f. 1.2.2014	w.e.f. 1.2.2015	on or 1.2.2016
TEGSS I & II	4* Hotel	12000	12600	13200	13900	14600
TEGS VI & VII	4* Hotel	9000	9500	10000	10500	11000
SMGS IV & V	3* Hotel	6000	6300	6600	6900	7200
MMGS II & III	2* Hotel (Non-AC)	3200	3400	3600	3800	4000
JMGS I	1* Hotel (Non-AC)	2200	2300	2400	2500	2600

**FEAR NONE BUT ONLY YOUR CONSCIENCE**

**(b) Major 'A' Centers:-**

	Eligibility to stay in ITDC hotels	Metro – Maximum room tariff permissible (Non ITDC Hotels) Revised rates				
		w.e.f. 1.2.2012	w.e.f. 1.2.2013	w.e.f. 1.2.2014	w.e.f. 1.2.2015	on or 1.2.2016
TEGSS I & II	4* Hotel	11000	11600	12200	12800	13400
TEGS VI & VII	4* Hotel	8000	8400	8800	9200	9700
SMGS IV & V	3* Hotel	5500	5800	6100	6400	6700
MMGS II & III	2* Hotel(Non-AC)	2900	3000	3200	3400	3600
JMGS I	1* Hotel(Non-AC)	2000	2100	2200	2300	2400

**(c) Area I centers:-**

	Eligibility to stay in ITDC hotels	Metro – Maximum room tariff permissible (Non ITDC Hotels) Revised rates				
		w.e.f. 1.2.2012	w.e.f. 1.2.2013	w.e.f. 1.2.2014	w.e.f. 1.2.2015	on or 1.2.2016
TEGSS I & II	4* Hotel	6000	6300	6600	6900	7200
TEGS VI & VII	4* Hotel	5000	5300	5600	5900	6200
SMGS IV & V	3* Hotel	3000	3200	3400	3600	3800
MMGS II & III	2* Hotel(Non-AC)	2200	2300	2400	2500	2600
JMGS I	1* Hotel(Non-AC)	1500	1600	1700	1800	1900

**(d) Other centres:-**

	Eligibility to stay in ITDC hotels	Metro – Maximum room tariff permissible (Non ITDC Hotels) Revised rates				
		w.e.f. 1.2.2012	w.e.f. 1.2.2013	w.e.f. 1.2.2014	w.e.f. 1.2.2015	on or 1.2.2016
TEGSS I & II	4* Hotel	5000	5300	5600	5900	6200
TEGS VI & VII	4* Hotel	4000	4200	4400	4600	4800
SMGS IV & V	3* Hotel	2500	2600	2700	2800	2900
MMGS II & III	2* Hotel(Non-AC)	1600	1700	1800	1900	2000
JMGS I	1* Hotel(Non-AC)	1200	1300	1400	1500	1600

2. Official communication has already been released. Members may note the improvements.”

*With warm greetings,*

Sd/-  
(ANIRUDH AKHAURI)  
GENERAL SECRETARY

**( शेष भाग पेज सं. 4 का )**

21. RAJESH KUMAR JHA	3933652	BRANCH MANGER, BATSAR BRANCH
22. RAM AWADHESH PRASAD SINGH	3771180	BRANCH MANAGER, ANGARGHAT
23. RASHMI PRIYA	3941604	BRANCH MANAGER, PHULWARISHARIF
24. RAVI CHANDRA	3941744	BRANCH MANAGER, GOVIND MITRA ROAD, PATNA
25. RUPESH KUMAR	4266706	BRANCH MANAGER, ADB, BARH
26. SACHIN KUMAR SINHA	3942511	DY MGR (HR), LHO PATNA
27. SAMIR KUMAR DAS	3781755	BRANCH MANAGER, CCL RANCHI
28. SANJAY KUMAR	3979489	DESK OFFICER, ORM DEPTT, LHO, PATNA
29. SARFARAZ ARSHAD	2979667	DY MANAGER (CSO), DAK BUNGALOW ROAD, PATNA
30. SATISH KUMAR	2980215	DY. MANAGER BISHARSHARIF BRANCH
31. SHEOJEE PRASAD	3808939	BM, EKANGARSARAI
32. VARSHA KUTARIYAR	3639010	DESK OFFICER, RBO GAYA

समाचार पत्रों से

एसबीआई ऑफिसर्स एसोसिएशन की जनरल बॉडी मीटिंग में बोले पटना सर्किल के महासचिव अनिरुद्ध अखौरी

# भागलपुर से नहीं हटेगा आंचलिक कार्यालय

भागलपुर | कार्यालय संघटन

**मंथन**

स्टेट बैंक ऑफ इंडिया ऑफिसर्स एसोसिएशन की जनरल बॉडी की बैठक का विचार को उद्घाटन करते हुए स्वास्थ्य मंत्री अश्विनी कुमार चौबे ने कहा कि समाज में अतिम पावदान पर खड़े लोगों को मदद सरकार कर रही है। बैंक भी उनकी मदद कर रहा है। लेकिन यह जिम्मेदारी एसोसिएशन को भी है।

उन्होंने एसोसिएशन द्वारा अपने पदाधिकारियों को कालोनी के लिए जमीन उपलब्ध कराने के मुद्दे पर कहा कि जमीन उनके पास नहीं है। लेकिन वे जमीन मालिकों से बात करेंगे। सरकार से भी जमीन उपलब्ध कराने के लिए बात करेंगे ताकि ऑफिसर्स कॉलोनी बन सके। उन्होंने एसोसिएशन को आश्वासन दिया कि अगर कॉलोनी बनती तो वहाँ तक बिजली व पानी पहुँचाने की जिम्मेदारी उनको होगी। उन्होंने नई पौड़ी स्वास्थ्य मंत्री योजना का लाभ उठाने को आग्रह एसोसिएशन के पदाधिकारियों से की।

बिहार कृषि विश्वविद्यालय में हुई इस बैठक में पटना सर्किल के महासचिव अनिरुद्ध अखौरी ने कहा कि भागलपुर में एसबीआई के आंचलिक कार्यालय को कभी बंद नहीं होने देगे। इस संबंध में प्रबंधन की कितनी भी कोशिश का पुराने विरोध किया जाएगा। मीटिंग के उद्घाटन सत्र में अखौरी ने संगठन को और मजबूत बनाने का आग्रह करते हुए उन्होंने भागलपुर आंचलिक कार्यालय को बंद करने के आश्वासन तो रहे प्रयासों की आलोचना की। उन्होंने कहा कि यह कार्यालय कभी बंद नहीं होगा। श्री अखौरी ने कहा कि शास्त्री कम होने और

- सदस्यों ने कार्यालय बंद करने की कोशिशों का विरोध किया
- कॉलोनी बनाने के लिए बजट राशि पर जमीन उपलब्ध कराने की मांग

अधिकारियों को संख्या घटने की वजह से ऐसी बात उठती रहती है। करीब उस साल पहले भी ऐसा प्रयास किया गया था। उन्होंने बताया कि प्रबंधन को और से ऐसी बातें आती रहती हैं कि भागलपुर आंचलिक कार्यालय को समाप्त कर इसे जूनिआ सर्किल में जोड़ दिया जाए, इस मौके पर उन्होंने सरकार से ऑफिसर्स कॉलोनी बनाने के लिए जमीन उपलब्ध कराने की मांग की। उन्होंने कहा कि कर्मचारियों को निजी मकानों में किराए पर रहना पड़ता है। ऐसे में कालोनी चमत्कार होती है। सरकार अगर बाजार दाम पर जमीन उपलब्ध कराएँ तो एसबीआई कर्मियों को कष्ट महसूस नहीं होगा।

कर्मिक्रम की शुरूआत अकाशवाणी की कलाकार प्रिया कुमारी ने सार्वजनिक वंदन और स्वागतवाच से की। अतिथियों का स्वागत स्वास्थ्य मंत्री अश्विनी कुमार झा ने किया। इस मौके पर एसोसिएशन में अपने कुछ प्रतिनिधियों को सम्मानित किया। दो सत्रों में हुई बैठक में एसोसिएशन के पटना सर्किल के अध्यक्ष प्रदीप सिंह, सचिव कृषि विरोध के शारदा ड. राम कुमार, एसोसिएशन के उपाध्यक्ष जगन्नाथ झाकुर, सुरेश कुमार, सैफुद्दीन फारुकी, अश्विनी कुमार, अश्विनी सचिव वेंकज कुमार झा, अश्विनी बोस आदि एसोसिएशन के प्रतिनिधि मौजूद थे।



एसबीआई जनरल बॉडी मीटिंग का उद्घाटन करते स्वास्थ्य मंत्री अश्विनी चौबे व पटना सर्किल के महासचिव अनिरुद्ध अखौरी।

## अब कमेटी नहीं करेगी एसबीआईओए के पदाधिकारियों का चुनाव

भागलपुर | कार्यालय संघटन

स्टेट बैंक ऑफ इंडिया के ऑफिसर्स एसोसिएशन के प्रतिनिधियों का चुनाव अब कमेटी नहीं करेगी। पहले के नियम में कमेटी का गठन होने के बाद पदाधिकारियों और प्रतिनिधियों का चुनाव होता था, लेकिन एसोसिएशन द्वारा तैयार नए चार्टर में इस व्यवस्था को बदल दिया गया है। रिविज को एसोसिएशन की जनरल बॉडी की बिहार कृषि विश्वविद्यालय में हुई बैठक में नया वाइलडिंग पेश किया गया।

आम सभा में वाइलडिंग का कुछ सदस्यों ने विरोध भी किया और बैठक में आधे से ज्यादा समय तक हंगामा होता रहा। सदस्यों का आरोप था कि एसोसिएशन के पटना सर्किल के महासचिव अनिरुद्ध अखौरी अपने प्रभाव का इस्तेमाल कर वाइलडिंग में बदलाव करना चाहते हैं। बैठक के तकनीकी सत्र में जैसे ही वायलडिंग पर चर्चा शुरू हुई कुछ सदस्यों ने इसमें किए गए सुधारों को गलत बात हंगामा शुरू कर दिया। लेकिन बहुमत वायलडिंग के पक्ष में था। वायलडिंग में मुख्य रूप से दो सुधार किए गए हैं। एसोसिएशन के पदाधिकारियों का चुनाव पहले संगठन या कमेटी द्वारा किया जाता था। लेकिन नए चार्टर में

ने इसमें बदलाव करते हुए व्यवस्था बनाई है कि अब पोस्ट टू पोस्ट संस्था चुनाव होगा। उसके बाद कमेटी का गठन किया जाएगा। एसोसिएशन के पटना सर्किल के महासचिव अनिरुद्ध अखौरी ने बताया कि देशभर में एसबीआई के 14 सर्किल में 10 में यह व्यवस्था पहले से थी। लेकिन पटना सर्किल, बंगलूर, पुणे, मुंबई और पटना में यह व्यवस्था नहीं थी। इस बैठक में पटना सर्किल के लिए चुनाव का नया ढांचा तैयार कर लिया गया। बाकी सर्किलों में भी नई व्यवस्था जल्द शुरू की जाएगी। वायलडिंग में किया गया दूसरा बड़ा

**विमर्श**

- हंगामे के बीच पास हुआ एसबीआई ऑफिसर्स एसोसिएशन का बाइलॉज
  - पूर्व की व्यवस्था ने पहले कमेटी गठित होती थी, जो प्रतिनिधि भी चुनती थी
- सुधार प्रशासनिक दायरा क्षेत्रीय कार्यालयों तक पहुँचाना था। पहले केवल मुख्य कार्यालयों तक ही प्रशासनिक पहुंच थी। श्री अखौरी ने बताया कि अभी 24 क्षेत्रीय कार्यालय हैं जबकि जल्द ही 32 और कार्यालय खोले जाने हैं।

PROVERBS AND THEIR OPPOSITES		
All good things come to those who wait	But	Time and tide wait for none
The pen is mightier than the sword	But	Actions speak louder than word
Wise men think alike	But	Fools seldom differ
The best things in life are free	But	There's no such thing as a free lunch
Slow and steady wins the race	But	Time waits for none
Look before you leap	But	Strike while the iron is hot
Do it well, or not at all	But	Half a loaf is better than none
Birds of a feather flock together	But	Opposites attract
Don't cross your bridges before you come to them	But	Forewarned is forearmed
Doubt is the beginning of wisdom	But	Faith will move mountains
Great starts make great finishes	But	It isn't over till it's over
Practice makes perfect	But	All work and no play makes jack a dull boy
Silence is golden	But	The squeaky wheel gets the grease
You're never too old to learn	But	You can't teach an old dog new tricks
What's good for the goose is good for the gander	But	One man's meat is another man's poison
Absence makes the heart grow fonder	But	Out of sight, out of mind
Too many cooks spoil the broth	But	Many hands make light work
Hold fast to the words of your ancestors	But	Wise men make proverbs and fools repeat them

Courtesy-Pankaj Kr. Jha



## ‘बंद नहीं होगा भागलपुर एसबीआई जोनल ऑफिस’

भागलपुर। स्टेट बैंक ऑफ इंडिया ऑफिसर्स एसोसिएशन के जनरल बॉडी की बैठक का रिविज को उद्घाटन करते हुए स्वास्थ्य मंत्री अश्विनी कुमार चौबे ने कहा कि समाज में अतिम पावदान पर खड़े लोगों की मदद सरकार कर रही है। बैंक भी उनकी मदद कर रहा है। लेकिन यह जिम्मेदारी एसोसिएशन की भी है। उन्होंने एसोसिएशन द्वारा अपने पदाधिकारियों को कालोनी के लिए जमीन उपलब्ध कराने के मुद्दे पर कहा कि जमीन उनके पास नहीं है। लेकिन वे जमीन मालिकों से बात करेंगे। बिहार कृषि विश्वविद्यालय में हुई इस बैठक में पटना सर्किल के महासचिव अनिरुद्ध अखौरी ने कहा कि भागलपुर में एसबीआई के आंचलिक कार्यालय को कभी बंद नहीं होने देगे।

मेरे मात के कंठहार  
 तुझको शत शत वंदन बिहार  
 तू बाल्मीकि की रामायण  
 तू देशात्मा का लोकतंत्र  
 तू महाबुद्ध की करुणा है  
 तू महावीर का शांति मंत्र  
 तू जालंधर का ज्ञानदीप  
 तू ही अक्षय वंदन बिहार  
 तू ही अशोक का धर्म चक्र  
 तू मुन्शीबंद की चाणी है  
 तू आर्यभट, तू शेरशाह  
 तू कुंवर सिंह बलिदानि है  
 तू ही बापू की कर्मभूमि  
 परती पर नंदन वन बिहार  
 तुझको शत शत वंदन बिहार

# विलम्ब से असंतोष बढ़ता है ।

## GLIMPSES OF SPECIAL GENERAL BODY METTING



Comrade L. K. P. Singh addressing the Special General Body.



Comrade A. K. Jha, AGS honouring Com. M. D. Prasad on his retirement.



Central Committee Meeting held at Hazaribagh on 12th February 2012.



A view of the participants in the Central Committee Meeting.



Com. L. K. P. Singh speaking in the farewell of Shri B. S. Rathore.



The members of Hazaribagh were addressed by the Circle Office-bearers.



### EDITORIAL BOARD

Sarvashree

- A. K. Pandey
- D. K. Kashyap
- Masrur Alam
- M.K. Jha

### EDITOR

Shri Vikas Kumar

### EDITOR-IN-CHIEF

Shri Anirudh Akhauri

## PRINTED MATTER SUP-POWER

TO,

STATE BANK OF INDIA

Pin Code

Email-sbtoa.patna@sbi.co.in

From :  
State Bank of India  
Officers' Association  
State Bank Building  
West Gandhi Maidan,  
Patna - 800 001

Published by SHRI ANIRUDH AKHAURI, General Secretary, S.B.I. Officers' Association, Patna Circle, and Printed at Tarang Press and Publications Pvt. Ltd., Shivpuri, Patna - 23. Ph. : 9431018714